


Mount Arrowsmith Skating Club

2022-23 SKATING SCHEDULE

September 12, 2022 – April 6, 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Senior <i>Off Ice</i> 3:30 – 4:00	Senior <i>Group Lesson</i> 3:45 – 4:00	Senior <i>Free Skate</i> 3:45 – 4:45	Senior <i>Free Skate</i> 3:45 – 4:45	<i>No Skating</i>
Junior Academy & Special O <i>Free Skate</i> 3:30 – 4:15	Senior <i>Free Skate</i> 4:00 – 5:00	<i>Flood</i> 4:45 – 5:00	Senior <i>Spin & Spiral</i> 4:45 – 5:00	
Senior <i>Free Skate</i> 4:15 – 5:15	<i>Flood</i> 5:00 – 5:15	CanSkate 5:00 – 5:45	<i>Flood</i> 5:00 – 5:15	
<i>Flood</i> 5:15 – 5:30	Junior Academy 5:15 – 6:15		Junior Academy 5:15 – 6:15	
CanSkate 5:30 – 6:15				
CanPower Group - U13 6:15 – 7:15				

➤ *FIGURE SKATING* Schedule runs September 12, 2022 to April 6, 2023
(Skaters will be notified of ice changes in December due to Winter Wonderland)

➤ No Skating March 13 – 17, 2022 for 1st week of Spring Break

➤ *CANSKATE & CANPOWER* Programs start the week of September 19, 2022 & January 9, 2023